## OUR CULTURE AN INDIGENOUS WAY OF LIFE

**Did you know** that there are three groups of Indigenous Peoples in Canada? They are First Nations, Inuit and Métis.

Our **culture** is reflected in our way of life, and we like to celebrate the heritage given to us by our ancestors. **Indigenous languages** are made up of **several** language families. If we wanted to refer to all the First Nations in Algonquian, we would use the word "anicinabec." Algonquian is one of the many Indigenous language families. Each language family includes a number of related languages. For example, the **Beaver** and **Tahltan** languages are part of the great **Athabascan** language family.





Today, **culture** is the key to **our** pride. Indigenous languages, history and culture are taught by our families, our Elders and our teachers. In 1999, the first Indigenous television network in the world was launched. The **APTN** or **Aboriginal Peoples Television Network**, has given Indigenous people like us a great opportunity to share our stories on television with the rest of the country on a regular basis. For all Canadians, this network is like a window looking out onto the incredibly diverse world of Indigenous peoples in Canada and other countries.